

## Micro Credential

# Fundamentals of Nutrition and Diet

MCr Code: FIC/MCr-0001

Version: 1.0

NSQF Level: 3

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## Micro Credential

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FIC/MCr-0001

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## Micro Credential

### FIC/MCr-0001 : Fundamentals of Nutrition and Diet

#### Description

This micro-credential provides a comprehensive introduction to nutrition and diet planning, public health and community nutrition, and food safety guidelines. Participants will understand the development of balanced diets, managing community health initiatives, ensuring food safety, and building essential professional skills for roles in the nutrition and food processing sectors.

#### Micro Credential Module Details and Duration

Training Delivery Mode	Theory (Hours)	Practical (Hours)	Total (Hours)
Online Only	0027:00	0003:00	30:00

## Micro Credential

### Assessment Criteria

Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks	Passing Percentage
15	25	-	10	50	50

## Micro Credential

### Micro Credential (MCR) Parameters

<b>MCR Code</b>	FIC/MCR-0001
<b>MCR Name</b>	Fundamentals of Nutrition and Diet
<b>Sector</b>	Food Processing
<b>NSQF Level</b>	3
<b>Credits</b>	1
<b>Version</b>	1.0
<b>Minimum Job Entry Age</b>	18
<b>Minimum Educational Qualification &amp; Experience</b>	10th grade pass OR 8th Class pass with 3 Years of experience of relevant experience OR Previous relevant Qualification of NSQF Level 2.5 with 1.5 years of experience of relevant experience OR Previous relevant Qualification of NSQF Level 2 with 3 Years of experience of relevant experience
<b>Pre-Requisite License or Training</b>	NA
<b>Last Reviewed Date</b>	18/02/2025
<b>Next Review Date</b>	17/02/2028
<b>NSQF Clearance Date</b>	18/02/2025
<b>Reference code on NQR</b>	NM-03-FI-03834-2025-V1-FICSI
<b>NQR Version</b>	1.0